## Full Report (All Nutrients) 45107731, LAWRY'S, BEEF STEW SPICES & SEASONINGS, UPC: 021500206006

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Report Date: June 07, 2017 12:37 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer MCCORMICK & COMPANY, INC.

Nutrient	Unit	Data points	Std. Error	1 tsp 4g	1 Value Per100 g
Proximates					
Energy	kcal			10	250
Protein	g			0.00	0.00
Total lipid (fat)	g			0.00	0.00
Carbohydrate, by difference	g			2.00	50.00
Minerals					
Sodium, Na	mg			510	12750

Vitamins

Lipids

Amino Acids

Other

Ingredients

SALT, ONION, ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], SPICES (INCLUDING PAPRIKA), AUTOLYZED YEAST EXTRACT, XANTHAN GUM (FOR CONSISTENCY), CARAMEL COLOR, CITRIC ACID, SILICON DIOXIDE (PREVENTS CAKING), NATURAL FLAVOR. Date Last Updated by Company: 05/16/2016